MILLER
CLUB · CATERHAM

DAYTIME ACTIVITIES

AT THE MILLER

2025 – 26

MILLER ART CLUB	Miller Studio	Tuesday 1pm – 3.30pm
MILLER BOARD GAMES CLUB	The Gallery	2rd Monday 10am – 12pm
MILLER BOOK CLUB	The Gallery	3rd Monday 2pm – 4pm
MILLER BRIDGE CLUB	The Gallery	Thursday 1.20pm – 4pm
MILLER MAHJONG CLUB	The Gallery	Tuesday 2pm – 4pm
MILLER MOVIEMAKERS CLUB	Miller Studio	Wednesday 2pm – 4pm
MILLER PILATES CLUB	Miller Studio	Monday 11.30am – 12.30pm Wednesday 11.30am – 12.30pm
MILLER POETRY CLUB	The Gallery	4th Monday 2pm – 4pm
MILLER SCRABBLE CLUB	The Gallery	Wednesday 1.30pm – 4pm
MILLER TABLE TENNIS CLUB	Miller Studio	Monday 2pm – 4pm Thursday 10.30am – 12.30pm Friday 10.00am – 12pm
MILLER TAI CHI CLUB	Miller Studio	Monday 10am – 11am Friday 12.15pm – 1.15pm
MILLER UKULELE CLUB	The Gallery	2nd and 4th Saturday 10am – 12pm
MILLER YOGA CLUB	Miller Studio	Wednesday 10am – 11am

The Miller Theatre, 30 Godstone Road, Caterham CR3 6RA
Box Office - Tel: 01883 349850, open Mon-Sat 10am to 1pm

WELCOME TO DAYTIME ACTIVITIES AT THE MILLER

The Miller Club offers a wide range of daytime leisure activities. It is a place where you can keep fit in body and mind, develop new skills - and where you can meet like-minded people. Most activities run weekly, although some have fortnightly or monthly sessions.

You are welcome to join in one activity taster session free of charge, to see if it is right for you. In the first instance please contact us by email at **activities@themiller.net** stating your name and which activity you are interested in. Alternatively, you can contact the Box Office on 01883 349850, please leave your name and phone number and someone will call you back.

To take part in any of the activities you need to become a member of the Miller Club and also pay a small charge per activity. The Leisure Activity fees can be paid annually or termly and include complimentary tea or coffee when participating in an activity session. Please note that some activities are run by professional tutors and therefore attract an additional per session charge.

By joining the Miller Club you can enjoy the following benefits:

- Purchase theatre and film tickets before they go on public sale
- 10% discount at the Licensed Bar
- Sign up for daytime Leisure Activities
- Become a Volunteer
- Join coach outings to places of interest
- Receive periodic Members Newsletters

Join online for just £20 or enquire at the Box Office

It is each member's personal responsibility to decide on their level of capability and whether they should participate in any activity.

MILLER ART CLUB
MILLER STUDIO
WEEKLY TUESDAY
1pm – 3.30pm

Miller Art Club is a friendly group – we have a tea, coffee and cake break when we usually have a chat with each other and offer any advice if needed. There is a variety of medium used: pencil, watercolour, oils, ink, pastels etc. The choice is left to each individual as to which medium they use and work they wish to produce. Occasionally we have an art exhibition at the Miller.

MILLER BOARD GAMES CLUB
THE GALLERY
MONTHLY
MONDAY 10am – 12pm

This new and very friendly group is keen to welcome new members, so come and have a free taster session. We meet on the second Monday morning of each month and have an extensive range of games such as Rummikub (both number and letter versions), Halma, Trivial Pursuits, the London Travel game and the Antiques Roadshow game. If you have a game you would like to play with us, please bring it along. We do not play Bridge, Scrabble or Mah Jong as these are already catered for with existing clubs at the Miller.

MILLER BOOK CLUB
THE GALLERY
MONTHLY MONDAY
2pm– 4pm

Miller Book Club meets monthly in the afternoon on the third Monday. The group is limited to 12 as it was felt that discussion could become fragmented in a larger group. Members are asked to suggest future reading and the group tries to cover a wide range of literature. The leader of the group sources the books from Surrey libraries so a small charge is made from time to time to cover library reservation fees. The group is friendly and would be pleased to welcome new members.

MILLER BRIDGE CLUB
THE GALLERY
WEEKLY THURSDAY
1.20pm – 4pm

Playing bridge helps keep your mind active and joining a club helps you to improve your play and make new friends. Miller Bridge Club meets weekly on a Thursday at 1.20pm for a 1.30pm start in the the Gallery. We play for two and a half hours with a short break for tea/coffee, biscuits and a chat. It is a friendly relaxed bridge club; we play duplicate bridge using bidding boxes. Knowledge of the ACOL system is required. You are very welcome to attend a free trial session to see if you would like to become a member.

MILLER MAHJONG CLUB
THE GALLERY
WEEKLY
TUESDAY 2pm – 4pm

We are a friendly group of people who enjoy playing the Hong Kong version of mahjong on Tuesday afternoons from 2pm to 4pm in the The Gallery. Whether or not you have played before you would be very welcome to join us. The basic game involves collecting sets of three tiles and we have a printed set of the rules we use to help make it easier to learn how to play. Please do feel free to drop in for a trial session.

MILLER MOVIEMAKERS CLUB
MILLER STUDIO
WEEKLY
WEDNESDAY 2pm – 4pm

Call it what you will – Movies, Films, Videos – we deal with those moving images recorded on a video camera or a mobile phone and weave the images into a story. Sometimes we write a story (a script) and use actors to tell the story. We record this in the studio or in a home or wherever the story is situated. Sometimes, when filming, the light is not good enough, but we have our own lighting equipment. We also have sound equipment. Usually, the shots taken on cameras need to be joined together (edited). Sometimes music or a commentary are added. This is done afterwards by any member of the club on a computer. So, there are many ways in which you can be involved – script writing, acting, using a camera, operating the lights, editing. You can simply join in the discussions and contribute ideas – and, of course, join in our social activities.

MILLER PILATES CLUB
MILLER STUDIO WEEKLY
MONDAY 11.30am – 12.30pm
WEDNESDAY 11.30am – 12.30pm

Pilates is basically a method of body conditioning that was developed nearly a hundred years ago in Germany by Joseph. H. Pilates. It's unique because, unlike other forms of exercise, the technique works on strengthening, lengthening and toning muscles, as well as improving posture and increasing flexibility and balance.

The classes are very friendly and suitable for all ages. A good way for the young and not so young to keep supple with gentle exercise.

This activity incurs an additional fee per session as it is led by a professional tutor.

MILLER POETRY CLUB
THE GALLERY
MONTHLY MONDAY
2pm – 4pm

We presently have eleven members in our group but could make room for another one or two. We meet monthly, usually on the fourth Monday in the month, in the afternoon. This only changes if it happens to clash with a bank holiday when we are given an alternative date.

As a group, we have been established for more than thirty years. We are a friendly bunch and welcome everyone who is interested in poetry. You don't need to be a poet, although we do have one member who writes his own very good poetry. We aim to choose either a different poet each month or alternatively a subject. Apart from those months in which we have a subject, the member choosing the poet gives a little background on the poet's life before we take turns in reading the poems of our choice. We always stop at some stage to have a cup of tea or coffee and a good chat.

MILLER SCRABBLE CLUB
THE GALLERY WEEKLY
WEDNESDAY 1.30pm – 4pm

If you enjoy playing Scrabble come along and join our weekly group on Wednesdays in the The Gallery between 1:30pm and 4pm and socialise in a relaxed and friendly environment.

Whatever your skill level, be prepared to have fun, meet like-minded people, learn lots of words, and give your brain a good workout.

Some of our members have been playing for years, others for much less. We are all still learning so, to help you along, we can provide two and three-letter word lists to refer to until you become settled.

MILLER TABLE TENNIS CLUB
MILLER STUDIO
WEEKLY
MONDAY 2pm – 4pm
THURSDAY 10.30am – 12.30pm
FRIDAY 10am – 12pm

We are a group of players, of different ages, male and female, of mixed ability, who enjoy our regular workout at the table. We have two tables, playing (mostly doubles) for two hours a session, with a break halfway through, for tea and coffee. This is also a time to get to know each other better. We also have regular social events, such as a Christmas meal together.

We would love to have some new players! If you would like to 'give us a go' we usually suggest you come for a trial session to see how you get on.

MILLER TAI CHI CLUB
MILLER STUDIO WEEKLY
MONDAY 10am – 11am
FRIDAY 12.15pm – 1.15pm

Tai chi is an ancient internal martial art that involves moving the body slowly and fluidly, to exercise the muscles and joints. Benefits have been found to be in improved balance, posture and flexibility.

Additionally, learning the defined movements trains the brain to concentrate, focusing the mind and reducing stress. Our group practices authentic Yang style long form.

The Monday session is a friendly group that can accommodate newcomers, the Friday session is for individual practice and more personal instruction.

MILLER UKULELE CLUB
THE GALLERY
FORTNIGHTLY
SATURDAY 10am – 12pm

Having fun with a ukulele is what we are about. If you have ever thought about playing an instrument but never got around to it, here's your chance to have a go. Come and join us on a Saturday morning for a bit of "plinky plonk" with a ukulele. Now here's the important bit...you do not need to be able to play the ukulele or even own one. We have a couple of ukulele spare that you can use to start with. However, if you are an accomplished player, you will also be very welcome. It is not a teaching group as such because there is not a "teacher" However, someone does lead the group. The idea is to practice at home and come together to have some fun strumming chords and have a singalong. We learn from each other and have some fun with no pressure to progress and learn stuff....but you will!

MILLER YOGA CLUB
MILLER STUDIO
WEEKLY
WEDNESDAY 10am – 11am

Feel Good Yoga. Hi 😊 I'm Dimi. I am passionate about sharing my love and knowledge of yoga, hoping others experience the countless benefits of the practice. Yoga engages, develops and strengthens our physical and mental health, by combining movement and breath with a sense of peace and relaxation. It helps reduce stress, improves the functions of the vital organs and system within the body, calms the mind, and has a positive effect on our sleep. We are often just a class away from a better mood.

This activity incurs an additional fee per session as it is led by a professional tutor.

GET INVOLVED!

What happens at the Miller?

It runs a community theatre producing up to nine plays a season – our season runs from September to July and each play runs for 10 evenings with one matinee performance.

During the day The Miller also runs a wide range of activities, as listed in this booklet.

Volunteers help support and run the Theatre and the daytime activities.

Volunteering opportunities are varied – some involve just a few hours each month others can take more time – the important thing is each volunteer decides how much time they can give and most importantly doing something they enjoy.

Volunteer benefits

We value our volunteers and offer benefits to demonstrate this:

- Discounted theatre & film tickets
- Discount at the licenced bar
- Free daytime leisure activities
- Coach outings
- An annual Volunteer party

Volunteers can also buy theatre & film tickets two weeks before they go on sale to the public.

To find out more, please email our Volunteers Coordinator: **volunteers@millercentre.club**

MILLER COSTUME HIRE

In house productions are costumed from our extensive store, which also hires out throughout the South East on Saturday mornings. Maintenance is provided by the Wednesday Sewing Group.

MILLER

COFFEE MORNING

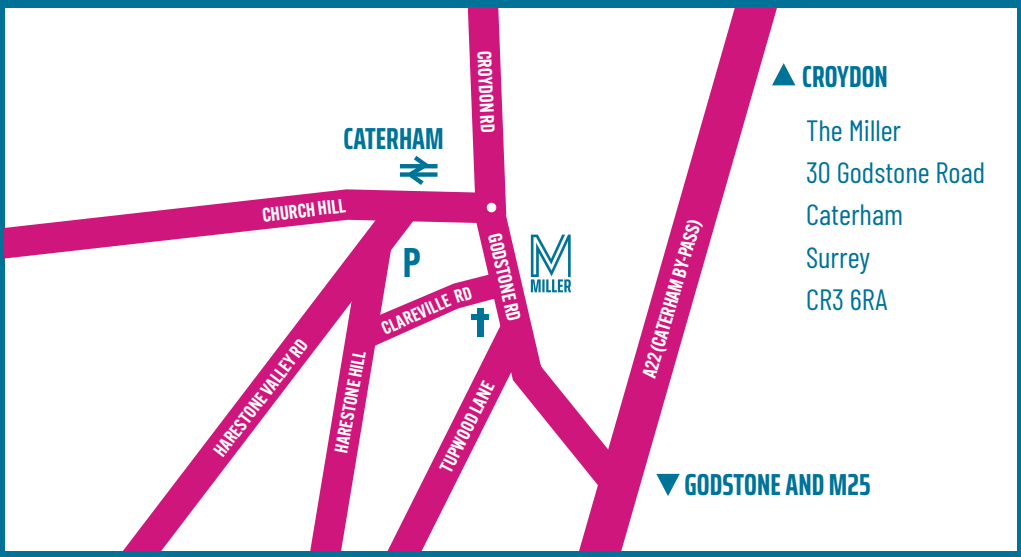
Coffee Mornings are held in the The Gallery every Friday at 10:30am – 12pm

MILLER OUTINGS

We run four coach outings a year between April and October. We have a seaside outing in the summer and three house and garden visits, at least two being National Trust properties. Pick up is from St. Mary's, Caterham on the Hill and St John's, Caterham Valley.

MOVIES AT THE MILLER

The Miller screens new and classic films throughout the season, normally on the Monday after a play finishes.



By car: daytime parking is available in Morrisons Church Walk car park for up to three hours maximum. The entrance is in Harestone Valley Road. If you park at the far end of the roof level, there are steps down to Clareville Road and then a level walk to The Miller opposite St John's Church. There is on-street parking locally, but generally for a maximum 60 minutes.

By train: we are close to Caterham station on the Caterham branch from East Croydon and Purley. Change at East Croydon or Purley onto a train to Caterham Station.

By bus: routes 400, 407, 409, 411 and 434 all serve Caterham.

MILLER
CLUB · CATERHAM